
10

JOURNAL PROMPTS

For Back To Uni / College /
School

By just a blank space

1. What are your goals for the upcoming semester/year
2. What do you want to improve and how do you plan on getting there?
3. Is there anything you want to change this semester/year and how do you want to achieve that
4. What are you most excited about?
5. What scares you about the upcoming semester/year?
6. Plan your studying routine
7. Do you have any fun ideas on what to do incase you need a break?
8. What are your non school related plans for the coming semester/year?
9. What do you want your morning/night routine to look like?
10. Plan your weekly routine (don't forget to leave enough time for non school related things)